



Holiday Class Schedule

As the new year approaches, we are here for you! **Holidays are FREE Guest Days!**

Monday, December 24, 2018

Club Hours 5:00am-3:00pm

8:00-9:15am	Avani
8:30-9:30am	Studio 1
8:45-9:45am	MoveStrong
9:00-10:00am	Agni
9:00-10:00am	Pool
9:30-10:45am	Avani
9:35-10:35am	Studio 1
10:40am-11:40am	Studio 1

Kidz N' Motion Hours 8:00am-12:00pm

Kundalini Yoga & Gong	Michelle
Tabata & Core	Brenda
MoveStrong	Jordan
Feel The Burn	Tabatha
Total Splash	Carl
Yin Yoga	Olga
Group Centergy	Marisa
Trim & Tone	Paula

Monday, December 31, 2018

Club Hours 5:00am-3:00pm

8:30-9:30am	Studio 1
8:45-9:45am	MoveStrong
9:00-10:00am	Agni
9:00-10:00am	Pool
9:35-10:35am	Studio 2
9:35-10:35am	Studio 1
10:40-11:40am	Studio 1

Kidz N' Motion Hours 8:00am-12:00pm

Group Power	Brenda
MoveStrong	Jordan
Feel The Burn	Tabatha
Total Splash	Carl
Cycle	Sara Sinclair
Tabata & Core	Brenda
Group Centergy	Sara Sinclair

Tuesday, January 1, 2019

Club Hours 9:00am-3:00pm

9:15-10:15am	Studio 1
9:15-10:15am	Pool
9:30-10:45am	Avani
10:20-11:20am	Studio 2
10:40-11:40am	Studio 1

Kidz N' Motion Hours 9:00am-12:00pm

Tabata & Core	Brenda
Smooth Seas	Carl
Yin Yoga	Olga
Group Ride	Brenda
Group Centergy	Sara Sinclair

We will be closed on Tuesday, December 25, 2018