



Thanksgiving Schedule

Thursday, November 26th, 2020

Club Hours: 7:00am-1:00pm

Group Class Schedule

8:00-9:15am Aquarian Yoga & Gong
with Michelle
(Avani Studio)

8:30-9:30am Thanksgiving Tabata
with Lisa
(Studio 1)

9:30-10:30am Earn Your Turkey Sky Yoga
with Tabatha
(Avani Studio)

