

Thanksgiving Schedule

Thursday, November 26th, 2020 Club Hours: 7:00am-1:00pm:

Group Class Schedule

8:00-9:15am Aquarian Yoga & Gong with Michelle (Avani Studio)

8:30-9:30am Thanksgiving Tabata with Lisa (Studio 1)

9:30-10:30am Earn Your Turkey Sky Yoga with Tabatha (Avani Studio)

