

AGNI HOT YOGA CLASSES EFFECTIVE MAY 1, 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30-	9:30-	9:30-	9:30-	9:30-	8:00-	9:30-
10:30ам	10:30ам	10:45ам	10:30ам	10:45ам	9:00ам	10:45ам
Pour	SERIES 1	WARM	POWER	DEEP	Pour	Power
Hour	WERNER	VINYASA	HOUR	RELEASE	Hour	VINYASA
ERYNN		RUTH ANN	JAMIE	ERYNN	MARCY	JAMIE
					11:30-	
					12:45	
					DEEP	
					RELEASE	
					Marcia/	
	~		2.22		MARY	
6:00-	6:15	6:00-	6:00-			
7:00рм	7:15 PM	7:00рм	7:00рм			
SERIES 1	Power	SERIES 1	VINYASA			
MICHELLE	VINYASA	ERYNN	FLOW MICHELLE			
	JAMIE		IVIICHELLE			



AGNI HOT YOGA IS LOCATED INSIDE OF SKY FITNESS CENTER 1501 BUSCH PARKWAY, BUFFALO GROVE, IL 60089 847.229.0292

WWW.AGNIHOTYOGA.COM WWW.SKY-FITNESS.COM