



Holiday Class Schedule

As the new year approaches, we are here for you!
Realize your goals with us at Sky Fitness!

Holidays are FREE Guest Days!

Sunday, December 24, 2017

Club Hours 6:00am-3:00pm

Kidz N' Motion Hours 7:45am-11:45am

8:00am	Group Blast	Dannah	Studio 1
8:15am	Cardio Boxing	Jordan	MoveStrong
8:30am	Group Ride	Lisa	Studio 2
9:00am	Total Splash	Carl	Pool
9:05am	Group Core	Yelena	Studio 1
9:30am	Feel The Burn	Tabatha	Agni Yoga
9:30am	Yoga 1-2	Laura	Avani Yoga
9:40am	Group Power	Yelena	Studio 1
10:45am	Zumba	Luba	Studio 1
11:00am	Yin Yoga	Olga	Agni Yoga

Sunday, December 31, 2017

Club Hours 6:00am-3:00pm

Kidz N' Motion Hours 8:00am-12pm

8:15am	Cardio Boxing	Jordan	MoveStrong
8:30am	Group Fight	Mindy	Studio 1
9:00am	Total Splash	Carl	Pool
9:40am	Group Power	Brenda	Studio 1
10:45am	Zumba	Luba	Studio 1
11:00am	Yin Yoga	Olga	Agni Yoga

Monday, January 1, 2017

Club Hours 9:00am-3:00pm

Kidz N' Motion Hours 9:00am-12pm

9:15am	Total Splash	Carl	Pool
9:30am	Werq	Jane	Studio 1
9:45am	Cycle	Sara	Studio 2
10:45am	Group Centergy	Sara	Studio 1
10:30am	Warm Water	Judy	Warm Therapy Pool
11:00am	Yin Yoga	Olga	Agni Yoga

We will be closed on Monday, December 25, 2017