



Kid's Yoga

SKY YOGA

LEARN · GROW · EVOLVE



February 1st-March 22nd

(8 week program)

Kids ages 5-12 will learn traditional yoga techniques in a fun, playful and simple manner.

Have your kids join us for this exciting kids program!

Where else can your child exercise his or her body, breath and mind and have fun all at the same time?

Fridays from 4:30-5:15pm

To secure your space
PLEASE Preregister ASAP.

Drop-In Class: Member \$7

Non-Member \$10

8-Week Package: Member \$45

Non-Member \$65



1501 Busch Parkway Buffalo Grove
847-229-0292
www.skyfitnesschicago.com