



April 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

3

4

5

6

**LET'S
MOVE!**

Kids Yoga
Begins
4:30-5:15pm
with Nanci

MOSSA Spring Launch Month!

Join us for our new releases for our Mossa Programs this month!

1 1



LAUNCH at 9:35am!

1 2



LAUNCH at 5:30am!



LAUNCH at 8:35am!



LAUNCH at 10:15am!

1 4



LAUNCH at 9:05am!



LAUNCH at 11:30am!

FREE Living with
Diabetes
Support-
Education 9am

1 6



LAUNCH at 5:30am!

1 7



LAUNCH at 9:35am!

1 8



LAUNCH at 9:35am!

2 0



LAUNCH at 9:15am!

2 1



LAUNCH at 8:00am!

2 2



LAUNCH at
5:30am & 5:30pm

2 3



LAUNCH at 5:30am!



LAUNCH at 5:30pm!

2 5



LAUNCH at 11:45am!

2 6

Mystical Healing
Sound**
with Pavla
6:30-8:00pm

2 7



LAUNCH at 7:30am!

2 8



LAUNCH at 9:40am!

2 9



LAUNCH at 9:35am!

3 0



LAUNCH at 5:30pm!



SKY YOGA
LEARN · GROW · EVOLVE