

Sky Fitness

Warm Water Therapy Pool Schedule

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00a							
6:00a							
6:30a							
7:00a							
7:30a							
7:45a							
8:00a				NS		NS	
8:15a				NS		NS	
8:30a				NS		NS	
8:45a				NS		NS	
9:00a				NS		NS	
9:15a				NS		NS	
9:30a				NS		NS	
9:45a				NS		NS	
10:00a							
10:15a							
10:30a							
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11:00a							
11:15a							
11:30a							
11:45a							
12:00p							
12:15a							
12:30p							
12:45p							
1:00p							
1:15p							
1:30p							
1:45p							
2:00p							
2:15p							
2:30p			NS				
2:45p			NS				
3:00p			NS				
3:15p			NS				
3:30p	Lessons	Lessons	NS	Lessons	Lessons	Lessons	Lessons
3:45p	Lessons	Lessons	NS	Lessons	Lessons	Lessons	Lessons
4:00p	Lessons	Lessons	NS	Lessons	Lessons	Lessons	Lessons
4:15p	Lessons	Lessons	NS	Lessons	Lessons	Lessons	Lessons
4:30p	Lessons	Lessons	NS	Lessons	Lessons	Lessons	Lessons
4:45p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
5:00p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
5:15p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
5:30p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
5:45p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
6:00p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
6:15p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
6:30p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
7:00p	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons
7:30p							
8:00p							
8:30p							
9:00p							
9:30p							